

HOURS OF OPERATION

Monday, Wednesday , Friday 6—7:30 pm
(Elementary)

Monday Wednesday& Friday 7:30—9 pm
(Middle & High School)

Tuesday & Thursday 5—9 pm (Adult Fitness)

Saturday 10 am—2 pm

November 2016



William Wells Brown Community Center

548 E. Sixth Street | Lexington, Kentucky

389-6678 || www.lexingtonky.gov/parks

Jill Chenault Wilson, Center Director

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Thanksgiving 	1 Adult Wellness Weight Room 5-9p University of Kentucky Nursing Students Cancer Awareness Workshop Yoga 6p	2 Weight Room 5-9p Sports Games 6-7:30p Arts & Crafts 6p Open Court HS 7:30-9p 	3 Adult Wellness Weight Room 5-9p Walking Club 6p Zumba 7p 	4 Step Team Meeting 6p William Wells Brown Anniversary of Death WWB Pride Day Games/ Treats 7p Open Ct MS/HS 7:30p	5 Senior Aerobics 10am-11am Open Gym Adults 11am-1:30pm Weight Room 10a-1:30pm
7 Weight Room 5-9pm Sports Games 6-7: Jewels/Girl's Grp ,6p Open Court MS/HS 7:30p	8 Adult Wellness Weight Room 5-9p Kettle Bells 6p 	9 Weight Room 5-9p Sports Games 6-7:30p Arts & Crafts 6p Open Ct MS/HS 7:30-9p	10 Adult Wellness Weight Room 5-9p Walking Club 6p Adult Coloring Book Club 6p Zumba 7p	11 Weight Room 5—9 pm Sports Games 6 –7:30pm Youth Eating Healthy/ Cooking Club 6p Step Practice 6-7:30p Open Court MS/HS 7:30p Teen Time 7:30p	12 Senior Aerobics 10am-11am Open Gym Adults/ 11am-1:30 pm Weight Room 10a-1:30pm
14 Weight Room 5-9p Sports Games 6-7:30p Jewels/Girl's Grp 6 Open Ct MS 7:30-9p	15 Adult Wellness Weight Room 5-9p YOGA 6p Adult Cooking Class 7p 	16 Weight Room 5-9p Arts & Crafts 6-7p Sports Games 6-7:30p Open Ct MS/ HS 7:30-9p 	7 Adult Wellness Weight Room 5-9p Walking Club 6p Zumba 7p Adult Book Club 7p 	18 Weight Room 5—9 p Sports Games 6-7:30 Youth Eating Healthy/ Cooking Club 6p Step Practice 6-7:30p Open Court Middle School 7:30—9 pm Teen Time 7:30pm 	19 Health Literacy Day American Diabetes Association Event 10am-1PM Give a ways , Food Tasting Door Prizes Weight Room 10a-1:30PM
21 Weight Room 5-9p Sports Games 6-7:30p Open Ct MS 7:30-9p Youth Thanksgiving Dinner 6-8pm 	22 Adult Wellness Weight Room 5-9p PRE TURKEY BURN (Mark, Jill, Maranda) Exercise, Recipes, Free Giveaways 6-8pm 	23 Closed Thanksgiving 	24 Closed Thanksgiving 	25 Closed Thanksgiving 	26 Closed Thanksgiving
28 Weight Room 5-9p Sports Games 6-7:30p Girl's Group 6p Brother to Brother 7:30pm	29 Adult Wellness Weight Room Yoga 6p 	30 Weight Room 5-9p Arts & Crafts 6-7p Sports Games 6-7:30p Open Ct MS/ HS 7:30-9p		EXERCISE 	